

DARFUR FAST FOR LIFE

Standing in Solidarity with our Sudanese Brothers and Sisters and Children

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JAMES MICHAEL BEGINS 3 DAY WATER-ONLY FAST

Multi-Platinum, Producer, Songwriter and Artist Joins Darfur Fast for Life

Los Angeles, CA — Today, SIXX A.M. Lead Singer, James Michael joined the DARFUR FAST FOR LIFE as a personal expression of outrage over the ongoing genocide in Darfur. Michael said he would drink only water for 3 days in solidarity with the 1.1 million refugees who are fighting for their lives after Sudanese President Bashir banned 13 humanitarian aid organizations in March 2009.

Said Michael, "I fast to publicly add my voice to those who have gone before me and to the people fasting in over 33 countries to say "enough is enough"-- it's time for our leaders to definitively address the cause of the ongoing violence and persecution in Darfur. I also fast to let the refugees know they are not forgotten and that there are people around the world committed to seeing peace come to our Sudanese brothers, sisters and children."

A multi-platinum producer, songwriter, mixer and recording artist, James Michael has delivered chart-topping projects across many genres for a diverse group of artists including, **Mötley Crüe**, **Alanis Morissette**, **Papa Roach**, **Sixx:AM**, **Hilary Duff**, **Saliva**, **Scorpions**, **Meat Loaf**, and **Halestorm**, among others.

In addition to a successful producing and writing career, Michael is co-founder and lead singer of the rock band, **Sixx:AM**, which garnered the No.1 rock track of 2008, "*Life is Beautiful*". Their debut album "*The Heroin Diaries Soundtrack*" ranked in Billboard's Top 200 Album chart for over 26 consecutive weeks, making it both a critical and commercial success.

Recently, James Michael produced, mixed and co-wrote **Mötley Crüe's** "Saints Of Los Angeles" album, which debuted at No. 4 on the Billboard Top 200 Album Chart. Michael also co-wrote 4 songs and co-produced 6 tracks on the new **Papa Roach** album "*Metamorphosis*", including the single "*Lifeline*", a No. 1 track for 6 weeks at Active Rock and a Top 5 track at Alternative Radio. "*Metamorphosis*" debuted at No.8 on the Billboard Top 200 Album Chart.

Michael joins a string of fasters including Actress-Activist Mia Farrow, Virgin CEO Sir Richard Branson, Recording Artist Peter Gabriel, Recording Artist Jon Foreman, Olympic Swimming Champion Josh Davis, U.S. Representative Donald Payne and U.S. Representative Barbara Lee, among others. His video and blog posts will be available at www.fastdarfur.org.

The Darfur Fast for Life | We are leaders, activists and citizens around the world who fast in solidarity with the people of Darfur because they do not have a choice. We fast as a personal expression of outrage at a world that has allowed the suffering of millions of innocent people. We fast because as we simply watched, Darfur's defenseless people were forced into wretched camps where today they are facing starvation and disease. We fast because those in positions of authority who know what is right and just, could and should do more to alleviate their suffering and bring peace, protection, and justice to the people of Sudan. We fast for Darfur's courageous people —because we yearn for a world where human rights are respected and a life of dignity is the legacy for every man, woman and child.

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